

# BUSHMAN'S ROCK RIVERSIDE SPA



**SPA BOOKINGS**  
**066 138 7296**  
Riversidespa@  
bushmansrock.co.za

**SPA BOOKINGS WITH  
ACCOMMODATION**  
**012-8082888**  
Reception@  
bushmansrock.co.za  
www.bushmansrock.co.za

*Bookings  
essential*

# Bushmans Rock Riverside Spa

066 138 7296

GOOGLE BUSHMANS ROCK ONLINE SHOPPING



**BOOK  
& PAY  
ON OUR  
ONLINE  
SHOP**

**AND RECEIVE 10 % DISCOUNT  
ON TREATMENTS R1000 & MORE**

SPA BOOKINGS

066 138 7296 [Riversidespa@bushmansrock.co.za](mailto:Riversidespa@bushmansrock.co.za)

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[www.bushmansrock.co.za](http://www.bushmansrock.co.za)

**PROMO CODE :**  
**SpaOnlinePromo**





TELNO : 066 138 7296

EMAIL : [Riversidespa@bushmansrock.co.za](mailto:Riversidespa@bushmansrock.co.za)



## *An experience you'll never forget....*

View our Spa Specials and don't miss out on awesome spa deals that we offer. Our gardens, river & water features, in our spa area and lodge, will make your mind shut off from work & the outside world. Relax with our spa packages, spa specials, full day spa packages & half day spa packages as well as overnight spa packages for couples and best friends.

**QUESTIONS & ANSWERS** - If you have any Questions, please give us a call on 066 138 7296 or send an email using [Riversidespa@bushmansrock.co.za](mailto:Riversidespa@bushmansrock.co.za).

**APPOINTMENT TIME** - Please ensure that you arrive 30 minute prior to your treatments. Please don't be late. **If you arrive late, the amount of time will be taken off your treatments/package.** Therefore we can attend to our next Spa Guest on time.

**TIPPING** - Tipping depends on you. If you'd like to give our therapists a gratuity for exceptional service, you are welcome to hand that directly to them. Please note : **Therapists are not allowed to ask for tips.**

**PAYMENT POLICIES** - All spa packages & treatments must be paid for on confirmation of the booking. Our office will send you the invoice and give you 48 hours for a 50% deposit. Your deposit secures your booking. If we do not receive a deposit within 48 hours, your booking will be forfeited and be given to the next person in line. Balance must be settled 2 days before actual booking date or arrival. **NO CASH DEPOSITS PLEASE.**

**PAYMENT PROCEDURES** - Card facilities available at Spa and EFT payments please. **No cash payments will be accepted, banking charges will be for your account.** In the event that accommodation and spa treatments are booked at the Lodge, the spa treatments can be paid with the accommodation in advance via EFT.

**CANCELLATIONS** - 24 Hours. We know that life sometimes doesn't always go according to plan. But please give us 24 hours' notice if you need to cancel or reschedule your treatment. This gives us time to fill that space. If you do not cancel within the 24 hour time period, we have the right to charge you the full amount for the spa package/treatment booked. Should you have a no show, or don't arrive for the treatments. Bushmans Rock Riverside Spa does not do Refunds Nor Partial Refunds.

**COVID-19** - Due to our Covid-19 preventative measures and protocols. We ask that each of our guests bring their own masks, slippers or slops. We will however have our Bathrobes Available on request, all guests are more than welcome to bring their own Bathrobes with.

**BEVERAGES** - One welcome drink is included per client. Other refreshments such as non-alcoholic or alcoholic beverages, are available at the Spa or at the restaurant - this will be added to your account and be settled before your departure.

*You won't regret visiting us..... our Accommodation,  
Restaurant & Spa will be the pinnacle of your relaxation.*



## *Build your own Spa Experience*

### **CHOOSE :-**

**1 x 55 minute treatment  
&  
2 x 25 minute treatments**

#### **CHOOSE ANY ONE 55 MINUTE TREATMENT :-**

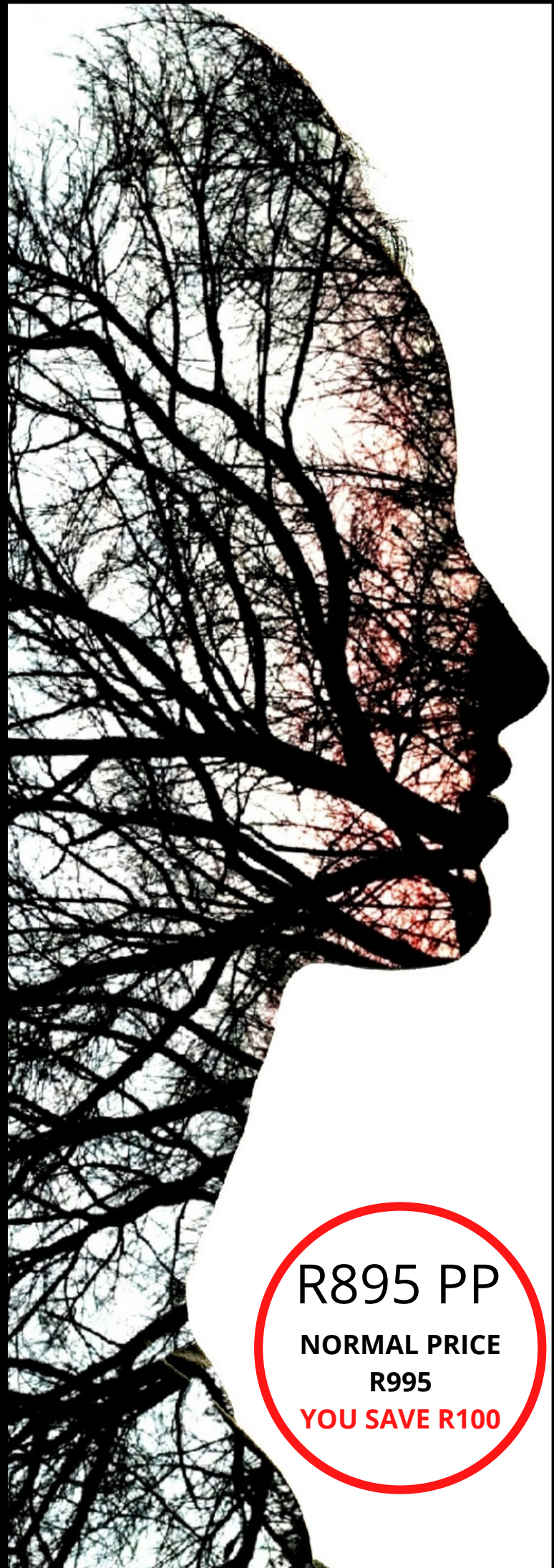
- SPA FACIAL WITH MASQUE TREATMENT
- HANDS & FEET EXFOLIATION & MASSAGE
- BACK & NECK HOT STONE MASSAGE
- BACK & NECK SWEDISH MASSAGE
- BACK & NECK FRANGIPANI MASSAGE

#### **CHOOSE ANY TWO 25 MINUTE TREATMENTS :-**

- MINI SPA FACIAL
- HAND EXFOLIATION & MASSAGE
- FEET EXFOLIATION & MASSAGE
- INDIAN HEAD MASSAGE
- BACK & NECK HOT STONE MASSAGE
- BACK & NECK SWEDISH MASSAGE

#### **LIGHT LUNCH INCLUDED :-**

Lunch at the Spa or Crazy Bushman Restaurant with a beverage of your choice. Please note, any extras not included, need to be settled at the spa or the restaurant before departure.



**R895 PP**

**NORMAL PRICE**

**R995**

**YOU SAVE R100**



**R960**  
 NORMAL PRICE  
 R1200  
**YOU SAVE R240**

*Bookings  
 essential*



**Frangipani flower is a symbol of devotion to someone. The Frangipani flower was often used in wedding ceremonies, and in every other occasion which symbolized the love and devotion between two people.**

**FRANGIPANI PACKAGE**  
 PACKAGE **PRICE PER PERSON** INCLUDES :-

Welcome drink on arrival  
 Enjoy a Full Body Frangipani Sugar Scrub, removing any winter skin, leaving your skin glowing, smooth and beautiful \* Relax with a Full body Hot Stone massage using nourishing Frangipani Soy Massage Candles & hydrating body butter, to moisturise your skin \* Followed by an Indian Head Massage OR enjoy a Face and Neck massage to improve circulation and relaxes muscles that tend to cause stress and stress lines \*Delicious light lunch at the Spa or Crazy Bushman Restaurant with a beverage of your choice.

Please note, any extras not included, need to be settled at the spa or the restaurant before departure.

**COMPLIMENTARY GLASS OF WINE & 30 MINUTE SESSION IN OUR JACUZZI**

**Duration : 2 hours**



**TOGETHER .....**  
**is a wonderful place to be**

**"TOGETHER" PACKAGE  
PRICE PER COUPLE  
INCLUDES :-**

**WELCOME DRINK ON ARRIVAL**

**FULL BODY HOT STONE MASSAGE**

Using heated basalt stones, muscles are gently heated to expand and relax, allowing a deeper massage into the core of the muscle

**"ON THE ROCKS" FOOT TREATMENT,  
SOAK, SCRUB & MASSAGE**

A relaxing foot massage to relieve tension in the feet and lower legs. This de-stressing treatment involves a foot ritual with a soak and scrub followed by a soothing pressure point massage to ease tired legs and feet.

**COMPLIMENTARY GLASS OF WINE & 30  
MINUTE SESSION IN OUR JACUZZI**

**Duration : 2 hours**

No meals are included in this package but you are more than welcome to visit our on-site restaurant for breakfast, lunch or dinner

**"On the rocks" treatments  
weather permitting**



**R1500**

**NORMAL PRICE  
R1800**

**YOU SAVE R300**

*Bookings  
essential*





## **HALF DAY BUSHMAN'S RETREAT**

**Restore your energy &  
reduce your stress levels**

**HALF DAY RETREAT  
PRICE PER PERSON  
R 1095.00**

**TREATMENTS CAN BE DONE IN THE  
OPEN AIR, NEXT TO THE RIVER, OR  
INDOORS, ITS YOUR CHOICE !!**

**WELCOME DRINK ON ARRIVAL**

**30 MINUTE JACUZZI HYDRO SESSION**

**REFRESH IN OPEN AIR SHOWER**

**RELAXING SPA FACIAL**

**FULL BODY HOT STONE MASSAGE**

**PAMPER PEDICURE**

**START OR END OFF WITH A  
LIGHT LUNCH INCLUDING ONE SOFT DRINK**  
Please note, any extras not included, need to be  
settled at the spa or the restaurant  
before departure.

**Duration : 3 hours**

**PLEASE REMEMBER YOUR SWIMWEAR**

**ADD  
ACCOMMODATION  
FOR ONLY R950 PER  
ROOM PER NIGHT**

**NORMAL PRICE  
R1100**

**YOU SAVE R150**



## **FULL DAY BUSHMAN'S RETREAT**

**Restore your energy &  
reduce your stress levels**

**FULL DAY RETREAT**  
**PRICE PER PERSON**  
**R 1495,00**

**TREATMENTS CAN BE DONE IN THE  
OPEN AIR, NEXT TO THE RIVER,  
OR INDOORS, ITS YOUR CHOICE !!**

**WELCOME DRINK ON ARRIVAL**

**30 MINUTE JACUZZI HYDRO SESSION**

**REFRESH IN OPEN AIR SHOWER**

**FULL BODY EXFOLIATION**

**FULL BODY MASK**

**FULL BODY HOT STONE MASSAGE**

**RELAXING SPA FACIAL**

**PAMPER PEDICURE**

**COMPLIMENTARY GLASS OF WINE  
LIGHT LUNCH INCLUDING ONE SOFT DRINK**

*Please note, any extras not included, need to be  
settled at the spa or the restaurant before departure.*

**Duration : 6 hours**

**PLEASE REMEMBER YOUR SWIMWEAR**



**ADD  
ACCOMMODATION  
FOR ONLY R950 PER  
ROOM PER NIGHT**

**NORMAL PRICE  
R1100**

**YOU SAVE R150**

# RECONNECT

relax, refresh, reconnect

WITH .... YOUR LOVED ONE  
WITH .... YOUR EMOTIONS  
WITH .... YOUR SENSES  
WITH .... YOURSELF  
WITH .... NATURE



YOUR GREATEST  
RESPONSIBILITY IS TO  
LOVE YOURSELF  
AND TO KNOW  
YOU ARE ENOUGH

**RECONNECT RETREAT**  
**PRICE PER COUPLE R 1495,00**  
**PRICE PER PERSON R 850,00**

WELCOME DRINK ON ARRIVAL

30 MINUTE JACUZZI HYDRO SESSION

REFRESH IN OPEN AIR SHOWER

RELAXING HOT STONE BACK,  
NECK & SHOULDER MASSAGE

REVIVING FOOT SOAK,  
EXFOLIATE AND RELAXING MASSAGE

REVIVING HAND SOAK,  
EXFOLIATE WITH RELAXING MASSAGE

COMPLIMENTARY GLASS OF WINE  
OR JUICE WITH JACUZZI HYDRO SESSION

Please note, any extras not included, need to be  
settled at the spa or the restaurant before departure.

Duration : 2 hours

**PLEASE REMEMBER YOUR SWIMWEAR**

ADD  
ACCOMMODATION  
FOR ONLY R950 PER  
ROOM PER NIGHT

NORMAL PRICE  
R1100

**YOU SAVE R150**



**A PICNIC IS MORE THAN  
EATING A MEAL,  
IT IS A PLEASURABLE  
STATE OF MIND**

## **HALF DAY RIVERSIDE SPA PICNIC RETREAT**

**PRICE PER PERSON R 1300,00**

(MINIMUM OF 2 GUESTS PER BOOKING)

START OF AND COLLECT YOUR  
PICNIC BASKET & BLANKET AT SPA

BASKET FOR 2 INCLUDES :-

CHEESE & BISCUITS, DRIED FRUITS & NUTS, PRINGLES,  
BEEF DROEWORS, CREME BRULEE ETC

FRUIT JUICE & BOTTLED WATER

SPARKLING WINE AVAILABLE ON REQUEST - FOR YOUR ACCOUNT

CHOOSE YOUR LOCATION, ON THE ROCKS, IN THE RIVER  
(HANDHELD UMBRELLAS PROVIDED FOR SHADE) OR  
ON THE LAWN, NEXT TO THE RIVER UNDER SHADY TREES,  
IT'S YOUR CHOICE - DURATION 1H30MIN

RETURN TO THE SPA FOR 30 MIN JACUZZI HYDRO  
SESSION WITH GLASS OF WINE OR JUICE

REFRESH IN OUR OPEN AIR SHOWER NEXT TO THE RIVER

ENJOY A 60 MINUTE FULL BODY HOT STONE MASSAGE  
IN OUR MASSAGE ROOMS FOLLOWED BY

MINI SPA FACIAL & CRYSTAL JELLY FACE MASK  
FOOT & HALF LEG EXFOLIATION MASSAGE  
IN THE OUTDOORS, NEXT TO THE RIVER

PLEASE REMEMBER YOU SWIMWEAR

Duration : 4 hours

**PLEASE NOTE: Picnic on the Rocks in the River, or next to  
river are weather permitting. INDEMNITY : Bushmans  
Rock or Bushmans Rock Riverside Spa takes no  
responsibility for any injuries or accidents.**



**ADD  
ACCOMMODATION  
FOR ONLY R950 PER  
ROOM PER NIGHT**

**NORMAL PRICE  
R1100**

**YOU SAVE R150**

*Bookings  
essential*



**R600 PP**  
 NORMAL PRICE  
 R700 PP  
**YOU SAVE R100**

*Bookings  
 essential*



**"Wonderful friends make wonderful days and unforgettable memories."**

**"BEST FRIENDS"  
 PACKAGE PRICE PER PERSON  
 INCLUDES :-**

**WELCOME DRINK ON ARRIVAL**

**BACK, NECK & SHOULDER MASSAGE**

**This massage focuses purely on the back, neck and shoulder areas to relieve tension of these commonly over-stressed muscles.**

**"ON THE ROCKS" FOOT TREATMENT, SOAK, SCRUB & MASSAGE**

**A relaxing foot massage to relieve tension in the feet and lower legs. This de-stressing treatment involves a foot ritual with a soak and scrub followed by a soothing pressure point massage to ease tired legs and feet.**

**COMPLIMENTARY  
 GLASS OF WINE AND 30 MINUTE  
 SESSION IN OUR JACUZZI**

**MINIMUM GROUPS OF 4 PLEASE  
 Duration : 2 hours**

**No meals are included in this package but you are more than welcome to visit our on-site restaurant for breakfast, lunch or dinner**



**"Rivers are places that renew our spirit, connect us with our past, and link us directly with the flow and rhythm of the natural world."**

### **"ON THE ROCKS"**

PACKAGE **PRICE PER PERSON** INCLUDES :-

**Welcome drink on arrival  
River leg & foot massage**

**A relaxing leg & foot massage to relieve tension in the feet and lower legs.**

**This de-stressing treatment involves a foot ritual with a soak and scrub followed by a soothing pressure point massage to ease tired legs and feet. You'll absolutely love it!**

**30 MIN - R 250 PP / 45 MIN - R350 PP**

**45 MIN - COUPLES R600**

**OR**

***River neck, head & shoulder massage***

**Alternating slow and vigorous massage movements are applied to the head. A**

**pressure point massage to the neck, head and shoulders is incorporated to relieve stress**

**30 MIN - R 250 PP / 45 MIN - R350 PP**

**45 MIN - COUPLES R600**

**No meals are included in this package but you are more than welcome to visit our on-site restaurant for breakfast, lunch or dinner**

### **PLEASE NOTE :**

**Treatments done in the River on the Rocks and weather permitting...**



**R250 PP**

**NORMAL PRICE**

**R350 PP**

**YOU SAVE R100**

**30 MIN**

*Bookings  
essential*



**10%**  
DISCOUNT ON  
FULL BODY MASSAGE  
IF TAKEN WITH ANY  
HAND OR FEET  
TREATMENT

*Bookings  
essential*



*You deserve  
a healing, relaxing,  
stress relieving  
massage.....*

**FULL BODY MASSAGE**

60 MINUTES

RELAXING - R495 PP

HOT STONE - R500 PP

**FULL BODY MASSAGE**

90 MINUTES

HOT STONE - R600 PP

**BACK, NECK & SHOULDER  
MASSAGE**

30 MINUTES - R300 PP

45 MINUTES - R350 PP

**HEAD, NECK & SHOULDER  
MASSAGE**

30 MINUTES - R200 PP

45 MINUTES - R250 PP

**INDIAN HEAD MASSAGE**

20 MINUTES - R150 PP

No meals are included but you are more than welcome  
to visit our on-site restaurant for breakfast,  
lunch or dinner



**"YOUR HANDS AND FEET  
NEVER TAKE A DAY OFF ....  
SO TAKE CARE OF THEM"**

### **GEL OVERLAY**

HANDS OR FEET - R150

45MIN - INCLUDES:

NAILS FILE & SHAPE, CUTICLES & GEL OVERLAY

### **MANICURE**

WITH NAIL POLISH - R 220

WITH GEL - R 250

NAILS FILE, SHAPE WITH CUTICLES

45 MINUTES

### **PEDICURE**

WITH NAIL POLISH - R 300

WITH GEL - R 320

60 MINUTES

### **MEDI HEEL PEDICURE**

WITH NAIL POLISH - R 330

WITH GEL - R 350

75 MINUTES

**GEL / ACRYLIC SOAK OFF @ R50**

### **HAND MASSAGE**

R 200 - 20 MINUTES

### **HAND MASSAGE & SUGAR SCRUB**

R 220 - 30 MINUTES

### **FOOT MASSAGE**

R 250 - 45 MINUTES

### **FOOT MASSAGE & SUGAR SCRUB**

R 300 - 60 MINUTES



**10%**

**DISCOUNT  
WEDNESDAYS TO  
FRIDAYS**

*Bookings  
essential*



**GLOWING  
SKIN**  
IS ALWAYS IN



## Facial Treatments

**CHEMICAL  
PEEL  
60 MINUTES  
R550**

**SPA  
FACIAL  
50 MINUTES  
R300**

**DEEP-CLEANSE  
FACIAL  
60 MINUTES  
R 350**

**WITH DOUBLE HYDATING  
& OIL CLEANSING  
METHOD**

**SIGNATURE  
LIFTING FACIAL  
60 MINUTES  
R400**

**WITH DOUBLE  
HYDRATING & OIL  
CLEANSING METHOD  
WITH POLISH MASK**

**ANTI-AGEING  
FACIAL  
60 MINUTES  
R 400**

**WITH SUPERBOOST SERUM  
AND MOISTURE LOCK  
FACIAL BUTTER**

**ACNE PRONE  
SKIN FACIAL  
60 MINUTES  
R 400**

**WITH  
ACTIVATED CHARCOAL  
TREATMENTS**

**10%**

**DISCOUNT  
WEDNESDAYS TO  
FRIDAYS**

**ORIBI  
ORGANICS**

100% PURE & NATURAL SKINCARE



# WAX & TINT

**BROW TINT @ R70**

**LASH TINT @ R80**

**BROW & LASH TINT @ R140**

**BROW WAX & SHAPE @ R70**

**BROW WAX, TINT & SHAPE @ R130**

**LIP WAX @ R70**

**CHIN WAX @ R80**

**FULL FACE @ R250**

**(INCL BROW WAX & SHAPE)**

**UNDERARM WAX @ R150**

**BIKINI WAX @ R140**

**HALF ARMS WAX:**

**LADIES @ R105 GENTS @ R130**

**FULL ARM WAX:**

**LADIES @ R145 GENTS @ R185**

**HALF LEG WAX:**

**LADIES @ R165 GENTS @ R215**

**FULL LEG WAX:**

**LADIES @ R235 GENTS @ R255**

**HALF BACK WAX (GENTS) @ R215**

**FULL BACK WAX (GENTS) @ R255**

**STOMACH WAX (GENTS) @ R135**

**CHEST WAX (GENTS) @ R205**



**10%**

**DISCOUNT  
WEDNESDAYS TO  
FRIDAYS**

*Bookings  
essential*

# Bushmans Rock Riverside Spa

0128082888 / 0128082113

info@bushmansrock.co.za

reception@bushmansrock.co.za

## **CORPORATE GROUP PACKAGE**

**INCLUDES :-**

**Arrival**

**Champagne or juice**

**30 MINUTE JACUZZI SESSION WITH  
A GLASS OF WINE OR JUICE**

**REFRESH IN OUR OPEN-AIR  
SHOWER NEXT TO THE RIVER**

**BACK, NECK  
& SHOULDER MASSAGE**

**This massage focuses purely on the  
back, neck and shoulder areas to  
relieve tension of these commonly  
over-stressed muscles.**

**30 MIN TREATMENT**

**Light spa lunch with one soft  
drink included**

**T & C APPLY**

**MINIMUM 8 PAX - MAXIMUM 16 PAX**

**VALID WEDNESDAYS-FRIDAYS ONLY**



**R550 PP**

**NORMAL PRICE**

**R650 PP**

**YOU SAVE R100**

# **EXTRA BEVERAGES AVAILABLE AT THE SPA**

**VARIETY OF DROSTDY-HOF  
WINES PER GLASS  
R30 TO R35 PER GLASS**

**SPARKLING WINES PER BOTTLE  
R135 PER BOTTLE  
JC LE ROUX LE DOMAINE  
JC LE ROUX LE CHANSON**

**BEERS PER BOTTLE  
R24 PER BOTTLE  
CASTLE LITE  
WINDHOEK LAGER**

**100 % JUICE PER 330 ML BOTTLE  
R 25 PER BOTTLE  
VARIOUS FLAVOURS AVAILABLE**

**500ML BOTTLED STILL WATER  
R 15 PER BOTTLE**

**NOT YOUR TASTE ?  
BEVERAGES ALSO AVAILABLE  
FROM ON-SITE RESTAURANT PLEASE  
ASK MANAGER ON DUTY TO ASSIST**



**EXTRA  
BEVERAGES  
NEED TO BE  
SETTLED AT SPA  
BEFORE  
DEPARTURE**



TOURISM GRADING COUNCIL  
OF SOUTH AFRICA



**R150**  
DISCOUNT  
ON ROOM RATE  
**FOR SPA BOOKINGS  
EXCEEDING R950**

*Bookings  
essential*



**WITH EVERY SPA BOOKING  
EXCEEDING R 950 YOU  
QUALIFY FOR A DISCOUNT OF  
R150 PER ROOM !**